

Caregiver Burnout: Utah Resources

Alzheimer's Association, Utah Chapter

- Offers a variety of free programs and services, provides funding for Alzheimer's and dementia research, and facilitates advocacy efforts
- www.alz.org/utah
- 801-265-1944

Home and Community Based Alternatives Program (Paid Caregiving)

- Non-Medicaid program that allows certain family members (excluding spouses) to be hired and paid as the personal care provider
- Contact information varies by location in Utah
 - Five County Area Agency on Aging
1070 West 1600 South Building B,
P.O. Box 1550 (84771)
Saint George, UT 84770
Phone: (435) 673-3548
 - Bear River Area Agency on Aging
170 North Main St. Logan, UT 84321
Phone: (435) 637-4268
 - Southeastern Utah Area Agency on Aging
375 South Carbon Avenue PO Box 1106
Price UT 84501
Phone: (435) 637-4268
 - Uintah Basin Area Agency on Aging
330 East 100 South Roosevelt UT 84066
Phone: (435) 722-4518
 - Davis County Department of Family Health and Senior Services
22 South State Street, 3rd Floor
Phone: (801) 525-5050
 - Six County Area Agency on Aging
250 North Main Street P.O. Box 820
Richfield UT 84701
Phone: (435) 893-0721

- Weber-Morgan Area Agency on Aging
237 26th Street #320 Ogden UT 84401
Phone: (801) 625-3770
- Salt Lake County Aging Services
2001 South State Street Suite S1500 Salt Lake City UT 84190
Phone: (385) 468-3200
- San Juan County Area Agency on Aging
117 South Main Street P.O. Box 9 Monticello UT 84535
Phone: (435) 587-3225
- Mountainland Area Agency on Aging
586 East 800 North Orem UT 84097
Phone: (801) 229-3804
- Tooele County Aging & Adult Services
59 East Vine Street Tooele UT 84074
Phone: (435) 882-2870
- Council on Aging/ Golden Age Center
330 South Aggie Vernal UT 84078
Phone: (435) 789-2169

Homecare & Hospice Association of Utah

- Provides lists of resources, monthly newsletters, free webinars/meetings, and an annual caregiver retreat
- Offers caregivers a free association membership
- www.hhau.org/family-caregivers
- 801-312-9110

New Choices Waiver (Paid Caregiving)

- Allows certain family members (excludes legal guardians and spouses) to be hired and paid as a personal care provider
- <http://health.utah.gov/ltc/NC/NCHome.htm>

VA Caregiver Support Program: George E. Wahlen VA Medical Center

- Local support program for caregivers of Veterans in the VA health system
- Contact: Andrew Wittwer, LCSW, MPA
 - Andrew.wittwer@va.gov
 - 801-852-1565, extension 2608

Notes
