

Caregiver Burnout: Idaho Resources

Aging and Disability Resource Center (ADRC)

- Provides tools and guidance for caregivers, seniors, and those with disabilities
- <https://aging.idaho.gov/stay-informed/aging-disability-resource-center/>

Idaho Area Agencies on Aging (Idaho Commission on Aging)

- Services provided include providing information/assistance, care management, nutrition services, and services for caregivers through the Family Caregiver Support Program (FCSP)
- <http://www.aging.idaho.gov/>

Idaho Aged and Disabled Waiver (Paid Caregiving)

- Medicaid program that assists people who are disabled or elderly by allowing family members to be hired and paid to be caregivers
- <http://healthandwelfare.idaho.gov/services-programs/medicaid-health/about-medicaid-elderly-or-disabled-adults>